Year 1	Year 2	Year 3	Year 4	Year 5	Yea	nr 6	
Dance	Dance	Dance	Dance	Dance	Dar	nce	
Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastic	cs Gymn	Gymnastics	
Health & Fitness	Health & Fitness	Health & Fitness	Health & Fitness	Health & Fitr	ness Health &	Fitness	
Athletics (Indoor & outdoor)	Athletics (Indoor & outdoor)	Athletics (Indoor & outdoor)	Athletics (Indoor & outdoo	r) Athletics (In & outdoor)			
Fundamental movement skills (Balance, Agility, Co- ordination, Multi- skills)	Fundamental movement skills (Balance, Agility, Co- ordination, Multi- skills)	Invasion Games (Football, handball, basketball, hockey, dodgeball, rugby)	Invasion Gam (Football, handba basketball, hocke dodgeball, rugby	ll, (Football, handl y, basketball, hock	ball, (Football, key, basketbal	handball, I, hockey,	
Games (playground games/ teambuilding games/ skipping games or introduction to certain sports - Tennis games, chance to shine cricket)	Games (playground games/ teambuilding games/ skipping games or introduction to certain sports – Tennis games, chance to shine cricket)	Striking & Fielding Games (Cricket, rounders, Tri- golf)	Striking & Fielding Game (Cricket, rounder Tri-golf)		nes Games	(Cricket,	
		Net & Wall Games (tennis, Badminton, Table- tennis)	Net & Wall Games (tennis, Badminto Table-tennis)	Net & Wal Games (tenr Badminton, Tat tennis)	nis, (tennis, Ba	idminton,	
Yoga/ stretching	Yoga/ stretching	Yoga/ stretching	Yoga/ stretching	Yoga/ stretch	ning Yoga/ st	retching	
Swimming	Swimming	Swimming	Swimming	Swimming	g Swim	ming	
Orienteering	Orienteering	Orienteering	Orienteering	g Orienteerir	ng Orient	eering	
Outdoor and adventurous activities	Outdoor and adventurous activities	Outdoor and adventurous activities	Outdoor and adventurous activities	5 Leadership Award/ Outd	Leadership adven Award/ Outdoor resid and adventurous		
		Wellbeing [Days				
Wellbeing Walk					Outdoor Adventurous Y6 (Residential)	Sports Day	

		Water	
		sports	
		activity.	

It is an expectation that 2 sessions of PE are taught each week, alongside an option of 1 session a week in the Health Related Fitness Zone.

Please highlight when each area above has been covered.

Colour code: Autumn – Blue Spring – Green Summer – Yellow

Notes: Other than Health related fitness that happens for all age groups at the start of the academic year (Autumn 1), you do not have to teach each area at a certain time. However, you <u>must</u> aim to cover all areas over the year. Each year group has dance and gymnastics. Some year groups have a choice of game activities within their curriculum. They may choose to teach through a variety of different activities or through one activity they'd like to specialise in during a half-term based on the interests and needs of the classes.

Coverage of CHS PE Concepts

CHS PE Concepts – combine CHS school's intentions with the P.E curriculum intentions and are assessed at 3 points throughout the academic year (Autumn, Spring and Summer)

Teaching staff have the flexibility to choose a focus for each half term based on the needs of the children and the games/ sport they select in which to facilitate the chosen concept(s). E.g. When covering Health Related Fitness at the start Autumn 1, teachers may choose to focus on Evaluating and improving – promoting a personal best ethos and culture.

I have highlighted in bold the 3 pillars of P.E that will need lots of repetition and opportunity during P.E lessons.

			Year 1 Dance			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Gymnastics	•		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Health & Fitnes	S		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance

Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participatio	n – Movement
			independence		Mind-set a	nd Skills -
					Respect	Performance
		,	Yoga/ Stretchin	g		
Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participatio	n – Movement
			independence		Mind-set a	nd Skills -
					Respect	Performance
			Swimming			
Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participatio	n – Movement
			independence		Mind-set a	nd Skills -
					Respect	Performance
			Orienteering			
			Unenceering			

Evaluating and	Fair Play	Self-	Organisation	Cooperation	Healthy	Fundamental Movement				
Improving	- Rules	regulation/	and	and	Participation	Skills - Performance				
		Resilience	independence	Teamwork	– Mind-set					
					and Respect					

			Year 2						
			Dance						
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance			
			Gymnastics						
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance			
	Health & Fitness								
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance			
	Fu	Indamental Mo	vement Skills/	Games/ Athleti					
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance			
		١	oga/ Stretchin	g					
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance			

			Swimming			
Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participation –	Movement
			independence		Mind-set and	Skills -
					Respect	Performance

			Dance					
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance		
			Gymnastics					
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance		
	Health & Fitness							
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and	Fundamental Movement Skills -		

Fundamental Movement skills Games/ Athletics									
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance			

Respect

Performance

		Y	oga/ Stretching	g		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Swimming			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance

Orienteering

Evaluating and Fair Play Improving - Rules	Self- regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
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	Year 3								
	Dance								
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation –	Fundamental Movement			

					Mind-set and Respect	Skills - Performance
			Gymnastics		•	
Evaluating and	Fair Play - Rules	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving		Resilience	and	and Teamwork	Participation –	Movement
mproving		Resilience	independence	and realition	Mind-set and	Skills -
			independence			
					Respect	Performance
			Health & Fitnes	s		
Evaluating and	Fair Play - Rules	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Tun Tuy Rules	Resilience	and	and Teamwork	Participation –	Movement
Induoring		Resilience			Mind-set and	Skills -
			independence			
					Respect	Performance
			Athletics			
Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participation –	Movement
mproving	Nules	Resilience		and realition	Mind-set and	Skills -
			independence			
					Respect	Performance
		nvasion/ Net &	Wall/Striking	& Fielding Game	25	
Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participation –	Movement
Inproving	Rules	Resilience			•	Skills -
			independence		Mind-set and	•••••
					Respect	Performance
		Y	/oga/ Stretchin	g		
Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participation –	Movement
			independence		Mind-set and	Skills -
			,		Respect	Performance
			oor and Advent			
Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participation –	Movement
			independence		Mind-set and	Skills -
					Respect	Performance
			Contraction of			
Evoluation	Eair Diau	Solf regulation /	Swimming Organisation	Cooperation	Haalthy	Fundamental
Evaluating and	Fair Play -	Self-regulation/	Organisation		Healthy	
Improving	Rules	Resilience	and	and Teamwork	Participation –	Movement
			independence		Mind-set and	Skills -
					Respect	Performance
	Γ	1	Dance	Γ		
Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participation –	Movement
			independence		Mind-set and	Skills -
					Respect	Performance
			Gymnastics			
Evaluating and	Fair Play -	Self-regulation/	Organisation	Cooperation	Healthy	Fundamental
Improving	Rules	Resilience	and	and Teamwork	Participation –	Movement
			independence		Mind-set and	Skills -
					Respect	Performance

		H	Health & Fitnes	S		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
		Fundamental Mo	ovement skills (Games/ Athletic	S	
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
<u>.</u>		· · · · · · · · · · · · · · · · · · ·	/oga/ Stretchin	g		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Swimming			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance

	Orienteering								
Evaluating and Improving	Fair Play - Rules	Self- regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance			

			Year 4			
			Dance			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Gymnastics	•		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Health & Fitnes	S		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance

Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
	Invasion/ Net &	Wall/ Striking &	& Fielding Game	es	
Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
	,	(oga/ Stretchin	σ		
Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
	Outde	oor and Advent	turous		
Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
		Swimming			
Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
		Dance			
Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
		Gymnastics	·		
Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
		- Health & Fitnes	c		
Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
	Fundamental Mo	ovement skills (Games/ Athletic	CS	
Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
	Rules Fair Play - Rules Fair Play - Rules Fair Play - Rules Fair Play - Rules Fair Play - Rules Fair Play - Rules Fair Play - Rules	RulesResilienceInvasion/ Net &Fair Play - RulesSelf-regulation/ ResilienceFair Play - RulesSelf-regulation/ Resilience	RulesResilienceand independenceInvasion/ Net & Wall/ Striking a Organisation and independenceFair Play - RulesSelf-regulation/ ResilienceOrganisation and independenceFair Play - RulesSelf-regulation/ ResilienceOrganisation and and independence	Rules Resilience and independence and Teamwork Invasion/ Net & Wall/ Striking & Fielding Gamu Fair Play - Rules Self-regulation/ Resilience Organisation and independence Cooperation and Teamwork Fair Play - Rules Self-regulation/ Resilience Organisation and independence Cooperation and Teamwork	Rules Resilience and independence and Teamwork Participation – Mind-set and Respect Fair Play - Rules Self-regulation/ Resilience Organisation and independence Cooperation and Teamwork Healthy Participation – Mind-set and Respect Fair Play - Rules Self-regulation/ Resilience Organisation and independence Cooperation and Teamwork Healthy Participation – Mind-set and Respect Fair Play - Rules Self-regulation/ Resilience Organisation and independence Cooperation and and independence Healthy Participation – Mind-set and Respect Fair Play - Rules Self-regulation/ Resilience Organisation and independence Cooperation and Teamwork Healthy Participation – Mind-set and Respect Fair Play - Rules Self-regulation/ Resilience Organisation and independence Cooperation and Teamwork Healthy Participation – Mind-set and Respect Fair Play - Rules Self-regulation/ Resilience Organisation and independence Cooperation and Teamwork Healthy Participation – Mind-set and Respect Fair Play - Rules Self-regulation/ Resilience Organisation and and Teamwork Cooperation Areamwork Healthy Participation – Mind-set and Respect Fair Play - Rules Self-regulation/ Resilience

Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation Mind-set and Respect	
Evoluating and		Colf regulation /	Swimming	Conneration	Llashbu	Fundamental
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation Mind-set and Respect	- Movement
Evolution and		Calf	Orienteering		La alahar Fran	

			onenceen	'' Ъ			
Evaluating and	Fair Play	Self-	Organisation	Cooperation	Healthy	Fundamental Movement	
Improving	- Rules	regulation/	and	and	Participation	Skills - Performance	
		Resilience	independence	Teamwork	– Mind-set		
					and Respect		

			Year 5			
			Dance			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Gymnastics			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Health & Fitne Organisation and independence	SS Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Athletics			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance

		Invasion/ Net 8	& Wall/ Striking	& Fielding Gam	ies	
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Yoga/ Stretchi	ng		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and	Fundamental Movement Skills -

			loor and Adve	nturous			
valuating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwo		tion – t and	Fundamental Movement Skills - Performance
			Dance				
Evaluating and	Fair Play -	Self-regulation/		Cooperati	on Heal	thv	Fundamental
Improving	Rules	Resilience	and independence	and Teamw		ation – et and	Movement Skills - Performance
			Gymnastics				
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamw		ation – et and	Fundamental Movement Skills - Performance
			Health & Fitne	255			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience		Cooperation and Teamw		ation – et and	Fundamental Movement Skills - Performance
Evaluating and Improving	Fair Play - Rules	Fundamental M Self-regulation/ Resilience		Cooperation and Teamw	on Heal	ation – et and	Fundamental Movement Skills - Performance
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Yoga/ Stretchi Organisation and independence	Cooperation and Teamw	ork Particip	ation – et and	Fundamental Movement Skills -
					Resp	ect	Performance
			Swimming				
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamw		ation – et and	Fundamental Movement Skills - Performance
			Orienteering	5			
Evaluating and Improving	Fair Play - Rules	Self- regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect		mental Moveme ls - Performance
			Swimming			T	
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwo		tion –	Fundamental Movement Skills -

			Year 6			
			Dance			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Gymnastics		•	
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Health & Fitnes	s		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Athletics			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
		Invasion/ Net &	Wall/ Striking &	_		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
·						
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation Organisation and independence	g Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
		Outd	oor and Advent	urous		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance
			Swimming			
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperation and Teamwork	Healthy Participation – Mind-set and Respect	Fundamental Movement Skills - Performance

			Dance				
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperati and Teamw		ation – et and	Fundamental Movement Skills - Performance
			Gymnastics		Kesp		renormance
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperati and Teamw		ation – et and	Fundamental Movement Skills - Performance
			Health & Fitne				
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperati and Teamw		ation – et and	Fundamental Movement Skills - Performance
	F	undamental M	lovement skills	Games/ Atl	nletics		
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperati and Teamw		ation – et and	Fundamental Movement Skills - Performance
			Voco / Strotobi				
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Yoga/ Stretchi Organisation and independence	Cooperati and Teamw		ation – et and	Fundamental Movement Skills - Performance
			Swimming				
Evaluating and Improving	Fair Play - Rules	Self-regulation/ Resilience	Organisation and independence	Cooperati and Teamw		ation – et and	Fundamental Movement Skills - Performance
			Orienteering				
Evaluating and Improving	Fair Play - Rules	regulation/		Cooperation and	Healthy Participation – Mind-set		nental Movemer 5 - Performance